

LOOK WHAT'S INSIDE:

60 YEARS TOGETHER

MENTAL HEALTH NEWS

CHILDREN IN CRISIS

NCF IN ACTION

# Transitions

by Bruce Narramore

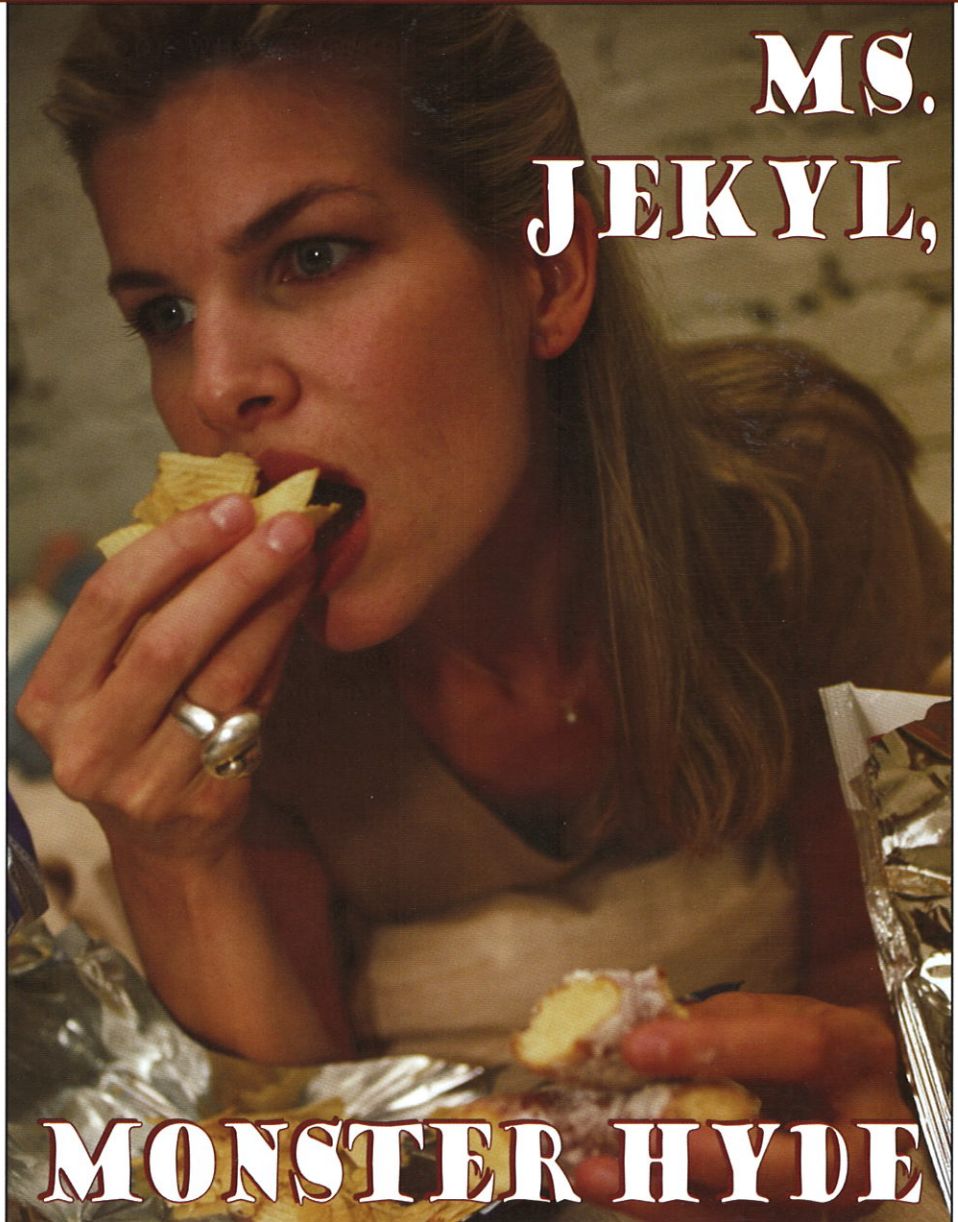
**"To every thing there is a season,  
and a time to every purpose  
under the heaven."**

— Ecclesiastes 3:1

This month marks two important seasons for the Narramore Christian Foundation. First, our founders, Dr. Clyde and Ruth Narramore, celebrate their 60th wedding anniversary! Clyde and Ruth are an unusual couple and the Lord has clearly had his hand on them throughout their lives. Who would ever imagine that the daughter of missionaries to China and the son of farmers in Arizona would meet at Times Square in New York City and end up beginning a world-wide ministry and playing a major role in the development of the entire Christian counseling movement?

On the occasion of their 60th anniversary I asked Clyde to give us some reflections on their years of life and ministry together. I think you will enjoy his reminiscences and reflections on a few of the wonderful blessings and opportunities to serve

TRANSITIONS, continued on page 2 ►



by Kimberly Davidson

An insatiable monster crept into my life unnoticed. It started when I lost 15 pounds. *You're so thin! You look terrific!* I longed for more praise. What began at age seventeen as a mere diet, turned into a battle with a life-zapping monster.

By day I was Ms. Jekyl, a busi-

nesswoman on the move. By night I morphed into the Monster Hyde and went into an uncontrollable feeding frenzy. I learned I could eat everything I wanted, and lose weight with self-induced vomiting (bulimia). Bulimia became my daily ritual of weight control.

Like a junkie taking a hit of heroin, I got my food "fix," followed by

JEKYL, continued on page 2 ►

the Lord that Clyde and Ruth have had together.

Second, this issue marks a change in the editorship of *Psychology for Living*. For the past seven years Dick Innes has done an incredible job of selecting and editing all of the articles for *Living* and working with our graphic artist to put each issue of *Living* together. Dick has a great eye for layout and visual appeal as well as an ability to select and edit interesting articles that are packed with practical, scriptural help and insight. When we occasionally didn't have just the articles we needed, Dick has often written his own at the last minute. I have been honored to work closely with Dick in this process and am deeply grateful for the quality of publication that he has consistently put together for our NCF friends and supporters.

Dick will continue to guide NCF's internet outreach and maintain our website, so we here at NCF headquarters will continue to be blessed by our friendship with Dick. But those of you who only connect with us through *Psychology for Living* and our monthly letters will note Dick's absence.

Replacing Dick as Co-editors of *Living* will be Dr. Robert and Melanie Whitcomb. Robert is a graduate of the Rosemead School of Psychology and Kathy and I have been privileged to know Robert and Melanie since their days as students at Rosemead. Robert maintains a private Christian counseling practice here in Southern California and Melanie is a gifted musician and educator. They are active in various ministries at their home church and have also ministered overseas. They bring a wealth of knowledge and experience to their new position and we look forward to their leadership in the days to come.

I would also like to encourage you to pray for Clyde and Ruth, Dick, Robert and Melanie as they go through these transitions and continue serving the Lord in these new seasons of their lives. And don't forget to pray for the eighty sons and daughters of missionaries who will soon be graduating from high schools around the world and flying to California to take our Reentry training before starting college here in the United States. ✠

## COVER STORY CONTINUED

JEKYL, continued from cover

a gruesome episode of self-induced vomiting, and then a smoke. That cigarette would burn my freshly irritated throat, but it would weaken my appetite. Following each binge-purge cycle I was struck with intense guilt and fear. Then, overwhelmed with feelings of shame, remorse, self-hatred and worthlessness, I'd swear, *This is the last time*. But it never was.

I was determined to stay thin at any cost. That meant abusing substances like alcohol, cigarettes, diet pills, diuretics, and laxatives. My whole body image became an obsession. I thought, *If I'm thinner and prettier, life will be perfect. Then I'll be a success*. My life did look good on the outside. I had a terrific job and appeared to have it all together. Many bulimics are perfectionists and high-achievers, becoming masters at lying and faking it. But inside I was fighting a terrible battle. I held a secret no one could know about.

I was too ashamed to ask for help so I tried to heal myself by reading self-help books until my head was about to explode. They suggested I look within myself. I worked in healthcare and carefully followed medical advice given other patients

with eating disorders. Nothing worked. *The lies. The secrecy. The shame. I can't take living this way anymore! Help!*

Sixteen years after that first binge-purge episode, God slowly began pulling me out of the battlefield (the bathroom). My story of restoration begins here.

I was introduced to Jesus Christ when I went to church with a friend. I discovered God was calling me into a relationship with Him that required giving Him control over my life. That was hard for me; I was used to being in control. But I wasn't really, because the Monster Hyde ran my life, and it was flat unmanageable.

God had a purpose for my life, and I wanted to know more. Together we started on an incredible journey to clean up the emotional garbage that led to my eating disorder. It was a process. Like an onion, my heart and soul were wrapped with layers of hurts. I had to allow God to peel away each layer to do His work in me.

Before God could start peeling away I had to take the first step.

### Admitting Defeat

I was in the grips of an addiction that rendered me powerless over food and my obsessive behavior. *I'm out of control! I surrender all*. But this was different than the surrender they talk about when you give your life to Jesus. Giving my life to Jesus seemed more like a commitment. This was about surrendering my life and soul to God, giving Him command over my whole being. It took determination to say no to, *I can sneak into the kitchen later tonight and have one last binge*. I needed resources that exceeded my own will...I needed God and others. I had to let Him take charge of my choices.

### Focusing on Jesus

Up to this point there was only one main character in my life—me. As I started going to church more frequently I started to focus increasingly on Jesus. The power of God's Word started transforming my spirit and mind. The moment the Holy

## PSYCHOLOGY FOR LIVING

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Spirit of God came to live in me *spiritual restoration* had begun. He was there to stay—to guide, teach, and give me power over my addiction. I had to depend on God, moment to moment.

### Replacing Lies with Truth

For decades I had believed all sorts of cultural and spiritual lies. Lies like, *I am unlovable and unworthy. I am fat, ugly and always will be. I can never meet this standard. Turmoil is normal. If I let anyone get close to me I will get hurt again. I'm a loser. "And my favorite," God doesn't love or understand me.*

I participated in Bible studies and learned new truths like, *My worth is in who God says I am* (Luke 12:7). *Regardless of what I do I will always be loved and completely accepted by God* (Phil. 4:13). *I can draw all my strength, identity and courage from Him* (1 John 4:4). *God will help me make wise decisions if I ask Him for direction* (James 1:5).

This was the beginning of *emotional restoration*. But as I began answering the “whys” I felt temptation pull me back into my old ways. *This is too hard. Change is not worth it . . . But God has promised to help me persevere. I can't give up!* I read and re-read Matthew 4, the temptation of Jesus. I found encouragement and answers for standing against temptation. I received the strength to persevere, and truth won out.

Today when my mind begins to compare myself to someone else, or a negative thought enters about my ability to do something, I'll catch that negative thought and replace it with truth. *"It is written . . ."* I can approach God with freedom and confidence because He is in control, not I!

### Exploring Relationships with Forgiveness

Part of my growth required me to deal with the hurts of my past. This meant I needed to examine myself and my relationship with others. Eventually I realized I needed to for-



give myself and some significant others. As I experienced God's forgiveness He gradually helped me forgive those who hurt and rejected me, like my dad. I recall my dad had dared me numerous times to get on the bathroom scale. I felt my value depended upon pounds and ounces; I was so humiliated. *If my dad thinks I'm fat, then everyone thinks so.*

As I examined myself, however, I realized I wasn't the only one who had been hurt. I had hurt others as well. I needed to confess my own sin to God and others, so I confessed to my mother. *Forgive me for stealing. I'd take money from you to buy food, and I started shoplifting laxatives and diet pills.*

I prayed for forgiveness for the atrocious acts I did to myself because my body is intended to house the Holy Spirit, and I should honor God with my body (1 Cor. 6:19). And I forgave myself. An eating disorder is like a loss of life. I wasted so many years, time I could never restore.

Once I forgave myself and others, I felt the last chain and shackle fall off. I was ready to move on with my life.

### Becoming a Servant

God showed me He didn't want to waste my struggles. My suffering and pain not only caused me to turn to God's Word, but it gave me a yearning to help other women in pain. I remember watching the movie *Angie*. Angie says something like this at the end, *The way I see it is we're all broke, but it's the job of the less broke to help the ones that are more broke.* I realized I didn't have to be “perfectly okay,” and God could use me just the way I am.

The Bible says, “What a wonderful God we have . . . the one who so wonderfully comforts and strengthens us in our hardships and trials. And why does he do this? So that when others are troubled, needing our sympathy and encouragement, we can pass on to them this same help and comfort God has given us. The more we undergo sufferings for Christ, the more he will shower us with his

comfort and encouragement” (2 Cor 1:3-5, TLB). The comfort and love I received enables me to shepherd others. That has been key to my ongoing transformation into Jesus' image.

God never intended to leave me in the battlefield (my bathroom) with this monster. When I opened the door to my heart and asked Him to take control, He gave me the weapons to fight the Monster Hyde. I never gave up! Together we are restoring my spiritual, physical, emotional, and relational nature. Not to Ms. Jekyll, but to the person God created me to be.

Today I look in the mirror and I see F-A-T, a different kind of F-A-T. *Faithful And True* to my Lord! ✠

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Kimberly J. Davidson ([www.kim-davidson.com](http://www.kim-davidson.com)) is an inspirational speaker, teacher and writer. She is the founder, director and lay-counselor of Olive Branch Outreach ([www.olivebranchoutreach.com](http://www.olivebranchoutreach.com)), an eating disorders ministry. In addition, Kimberly teaches “I'm Beautiful! Why Can't I See It?” to community groups. She is enrolled in the Pastoral Care for Women graduate program at Western Seminary, Portland, Oregon.

# 60 Years Together

by Bruce Narramore

**M**ore than 60 years ago my uncle, Clyde Narramore, left the family farm in Arizona, completed his undergraduate education and first master's degree and moved to the East Coast to serve in the U. S. Navy during World War II. There he took training for U. S. Naval officers at Princeton University.

The Lord used that move, and a series of experiences that followed, to prepare Clyde for an exciting worldwide ministry that continues to touch people in every area of the globe.

At each step in that journey Clyde has worked side by side with his wonderful wife, Ruth. Since Clyde and Ruth just celebrated their 60th anniversary I asked him to reflect on some of the special blessings that he and Ruth have shared during their many years of ministry together.

## **Here is their exciting story in Clyde's own words:**

*It happened on a Saturday night at Times Square, in the heart of New York City! As a young Naval officer during World War II, I had just been transferred to the New York area. My friend, Ed, another Christian Naval officer, had been stationed in New York for over a year, so he knew a number of the Christians there.*

*On this particular night the two of us were heading for the Alliance Tabernacle on 8th Street. This is where Jack Wyrzten, evangelist, held a big Saturday night youth rally.*

*We went in and sat next to the aisle. We had hardly gotten settled in our seats when two beautiful girls walked down the aisle. I nudged Ed and asked, "Who is she?"*

*"Which one?" he asked.*

*"The tall blond," I answered.*

*Ed told me her name was Ruth Elliott, that her parents had been missionaries in China and that she had grown up there as a young child. He also told me that she was a very talented musician. That sounded good to me, so right after the meeting I made it a point to go up front and meet her. She also introduced me to her mother and her brother, Gordon. This was the beginning of something wonderful!*

*Shortly after the war ended I and Ruth became engaged. A few months later we were married and enjoyed a fantastic honeymoon in beautiful Bermuda. Our honeymoon wasn't your usual time on the beach experience, however. I was asked to preach at a local church and Ruth and I provided special music. Several young people trusted Christ as their Savior so we had the wonderful privilege of beginning our married life serving the Lord together on our honeymoon.*

*After Bermuda, we returned to New York where we both studied at Columbia University. There Ruth received her bachelor's and master's degrees and I completed a second master's degree, so we got to hold hands as we marched down the aisle to get our diplomas! She then taught school as I finished work on my doctorate. From there we moved to California.*

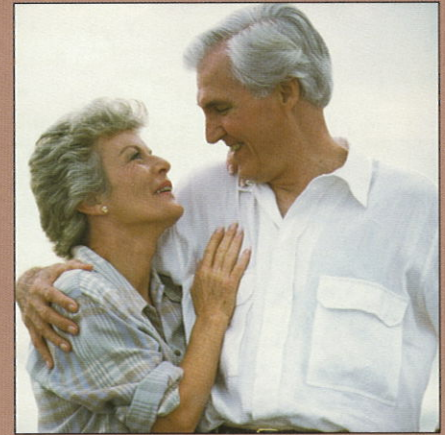
*Ruth served as organist and Director of Christian Education at a church near our home in Pasadena and I became a licensed psychologist and served on the staff of the Los Angeles County Superintendent of Schools for*



*fourteen years. During the summers we traveled throughout America speaking at Bible conferences.*

*In due time we had a beautiful baby daughter and a bouncing boy. During this time we also started "Psychology for Living" radio broadcast. Ruth would read a question received in a letter, and I would discuss it, considering the physical, spiritual and psychological aspects. This ministry exploded throughout the nation as well as in several other countries. In time I had to leave my work with the schools to give full-time to this growing, pioneer ministry. We not only had the privilege of speaking to thousands each day by radio but we also published a magazine, printed booklets on more than a hundred different everyday problems, wrote numerous books, developed three counseling centers across the United States and traveled overseas to help groups of missionaries. In time, my nephew, Dr. Bruce Narramore and I founded the Rosemead School of*

## Do You Want to Live to Be 100?



In his book, *Defying Aging*, Dr. Michael Brickey estimates that up to 70% of longevity depends on our mental attitudes and only 30% on heredity! He goes on to list the most frequently shared characteristics of people who live to be at least 100 years of age. They are:

- **Staying active mentally**
- **Being optimistic**
- **Having good coping skills**
- **Not holding on to resentments**
- **Healthy grieving over the loss of family and friends**
- **Being self-reliant and independent**
- **Having a good sense of humor**
- **Maintaining a sense of purpose**
- **The ability to face and manage massive change**

What a resource Christians have! We have an incredible sense of purpose because we know God has placed us here for a reason. We can have great optimism because we look forward to eternal life. We know God is with us through the changing seasons of our life. We need not harbor grudges because we know that God is the ultimate judge and we are all sinners in need of grace. And although we grieve and mourn the loss of loved ones, We do not grieve "as those without hope" (*I Thessalonians 4:13*). †

*Psychology offering doctoral degrees in clinical psychology.*

Now on our 60th wedding anniversary, we praise God for so many privileges and blessings through the years:

- *Serving God Full-Time:* Nearly every day has been filled with opportunities to serve Christ. We are so grateful that we could spend most of our working energies serving the Lord on a full-time basis.

- *Leading Souls to Christ:* Early on, God gave us a passion to lead people to a saving knowledge of the Lord. We knew there was heaven to gain and hell to shun. And we have been privileged to share our faith with so many over the years. We are looking forward to seeing these friends in Heaven!

- *Seeing our Children, Melodie and Kevin, Grow Up in the Lord:* They continue to be a blessing and comfort to us, and at various times played a vital part in our ministry.

- *Reaching Out and Helping People in Practical Ways:* In the early days of our ministry so many struggling Christians had no place to turn for practical insights and healing in their lives. People were phoning, writing and coming in person to our counseling center for help with all sorts of personal and family difficulties. It was a blessing to see so many marriages saved and broken lives restored.

- *Working Side by Side Year After Year:* I have been so blessed to work together in ministry with Ruth. She is a gifted musician, writer, and speaker; and we have enjoyed being a team. How I wish more married couples could share similar goals and serve Christ in unison!

- *Getting to Know Christian Leaders in America and Overseas:* My, what talented speakers, writers, musicians, educators, and others God has raised up in our day. And what a blessing many of them have been to us as we have gotten to know them at Bible conferences and seminars and meetings around the world. God wonderfully brought godly people like Billy Graham, Henrietta Mears (Founder of Gospel Light Publishers and Forest Home Conference Center), Harry Ironside and Wilbur Smith, (two of the 20th century's greatest Bible teachers),

Roy and Dale Rogers, and a host of others into our lives. In a time when we hear of so many scandals among Christian leaders who have given in to temptations, it has been a blessing to know these faithful, godly men and women who have helped to influence the world for Christ.

- *Having Some Influence in Washington, D.C.:* Little did Ruth and I know when we walked down the aisle to say "I do" that one day I would speak at the Pentagon, State Department, CIA, the White House, as well as Annapolis and West Point and the U. S. Army War College. It was always a blessing and encouragement to see how many fine Christian people God has put into strategic positions in our government, and to be able to share a clear plan of salvation with others.

- *Being Joined by Prayer Partners and Financial Supporters who have made an impact around the world:* Like a clock, we tend to see the hands (people) out front. But, of course, we know that the parts (faithful people) behind the face of the clock really make the clock (the ministry) work. A pioneer ministry starts out unknown, unfunded, and struggling to exist! Much sacrifice and suffering takes place. But praise God for dependable people who cared enough to come alongside and help the ministry succeed.

- *Being Followed as President of the Narramore Christian Foundation by my Nephew, Dr. Bruce Narramore:* Bruce is a gifted, choice servant of God! When a pioneer couple has poured out their lives in a desperately needed ministry, it is most gratifying to see the work continue to thrive under excellent new leadership. Bruce and Kathy bring rich gifts to carry on and extend NCF's ministries into this next generation. Ruth and I are confident that God's hand of blessing will remain on the ministries of the Narramore Christian Foundation.

Sixty great years? Yes, sixty exciting years experiencing God's faithfulness. "Know therefore that the Lord thy God, He is God, the faithful God, which keepeth covenant and mercy with them that love Him and keep His commandments to a thousand generations" (*Deuteronomy 7:9*) †

# Children In Crisis

by Lettie Kirkpatrick Burress

A nine-year-old gets up to dress for school and discovers his mother unconscious in the bathroom. She is pronounced dead at the hospital. An 11-year-old refuses to receive the news from his parents that his teenage sister did not survive surgery. Four brothers live with their father's diagnosis of incurable cancer. Death, illness, violence, and trials are no respecters of age. For children, they can be even more difficult than they are for adults. They may shatter their world and shake their security to the core. But there is much that parents and others can do to help. And as Christians we can lovingly help them face their pain in ways that ultimately help them grow even stronger in their faith and hope. Consider this pattern to offer comfort, encouragement, and healing to children in crisis.

## Communicate

The first thing children facing hurt or loss need is compassionate honesty from adult caregivers. Children who experience empathic support and caring are much less likely to suffer long-standing negative consequences. Offering false hope or empty reassurance may make us feel better, but will lead to distrust or denial since at some level the child knows that the caregiver is simply too upset by the loss to be honest.

The 11-year-old who reluctantly faced his sister's death was my son. We gently shared with him the circumstances of her death and held him when he had trouble facing the painful reality. But God is good. In time He brought to Logan's mind an incident from earlier in the day.

Logan and a friend had discovered a bird caught in the wire of a fence. Even though he flapped desperately, the bird could not break free. When the boys loosed the bird, it sailed off toward the sky. This was a significant step in Logan's recovery. His sister had been confined to a wheelchair, in some

ways bound by her body as the bird was by the fence wire. Now she was set free to fly!

Although we had to give our son the sad truth, God brought him hope from his own experience earlier in the day. God's word is filled with promises to bring comfort, strength, peace, and joy for mourning. And the Christian's hope for eternal life is never more precious than when we lose a loved one. But we must be careful not to offer simplistic (or even profound) answers before a child is ready to accept them. First they need our comfort and they need to see that we too feel the loss and pain. When they are ready they can begin to put it into a spiritual perspective.

## Connect

The nine-year-old whose mother died was my youngest brother. My mom left behind three sons and three daughters. My oldest brother, at 15, did not appear to be distraught or shattered over Mom's death. But, after a summer spent in rebellion, one night he fled the house. He returned later to finally be held by my grandmother as he released the pent-up grief that had engulfed him for weeks.

Children in crisis need a strong support system both in the family and at church or school or play. Since most often families are in crisis together they can support each other and share one another's grief. But the support needs to go beyond the family. Other friends, teachers, or people from church, especially sensitive Christians, need to be brought alongside to support, offer perspective, and even meet practical needs. Sometimes friends are willing to help, but may need direction about exactly how they can assist. Be willing to be vulnerable and request aid, whether it is fixing a meal, taking the child on an outing, or arranging times with other children.

Even after the initial trauma settles a bit, keep listening, talking and touching. Stay connected. Ask questions and listen carefully to both their words and their emotions. Be on the lookout

for signs of denial, depression, withdrawal, or anger. These are normal reactions. You should be concerned if you don't see some of these.

When you are connecting with a child in crisis, be sensitive to his age and temperament. Any sudden change in a child's mood or actions or anything out of the ordinary for their age can indicate unresolved grief or trauma. If a talkative child, for example, becomes quiet and moody or if a compliant one begins to rebel, these are warning signs of an internal struggle.

## Continue a Good Routine

When crisis comes, painful change usually follows. Adjustments bring sad reminders that everything is altered and each change is painful.

You can ease some of the trauma by maintaining as much routine as possible. The summer our daughter died, we had reserved a mountain cabin where we normally vacationed. It was scheduled for two weeks after her death. We decided to go. It proved to be a bittersweet, but precious, time with our boys as we shared happier memories as well as our great loss. Small children, especially, need to continue in the familiarity of stable routine. Bedtime, playtime, naptime, and mealtimes should remain on schedule. Holidays should still be celebrated. Acknowledge that life is different and requires adjustment but don't put it completely on hold. The four brothers facing their father's cancer diagnosis are my sons. In a four-year period, their dad has faced surgery, radiation, and ongoing oral chemotherapy. But we have learned to live in today. We are aware of, but don't focus excessively on, their father's illness. Dad still coaches their ball teams and demands their best—keeping life as normal as possible and trusting God.

## Cover in Prayer

The Bible tells us, *God is our ever present help in time of need* (Psalm 46:1). He helps us through His Word, through supportive relationships and

# Incredible Door Opens In China

many other ways. Learning to go to God when the world comes crashing down is not just a supportive coping mechanism. It also helps us to move toward spiritual maturity.

**Pray for specifics.** Ask God to be their strength and comfort and to use you to help them experience His care in very tangible ways. Ask for wisdom to know their needs and to be sensitive to their feelings to know how to respond. Ask God to give them strong Christian friendships, loving teachers, and wise counsel.

**Pray with them.** Take every opportunity—mealtimes, bedtime, family times, and unexpected moments of need—to go to God with your struggling children. Let them hear you addressing heaven on their behalf and encourage them to join you when they are ready. Until that time, pray on their behalf.

**Pray with others for them.** Prayer partners keep us accountable, motivate us, and help us press on. *God honors the prayers of two or more gathered in His name* (Matthew 18:20). A troubled child will benefit from the discreet prayers of several concerned prayer warriors.

We would certainly prefer our children be exempt from tragedy and loss. But we live in a sinful, fallen world. As painful as loss and trauma is, God can use our trials and sufferings to help us grow and become the people He wants us to be. In time we may be able to comfort others with the comfort we have received. All the children mentioned earlier walk with the Lord today and give testimony of His presence in their lives. They know where to go in times of crisis. †

Lettie Kirkpatrick Burress has written articles for numerous books and magazines. She is a graduate of the University of Tennessee at Chattanooga and has also taught writing at conferences and the college level. Ms. Burress is available to speak on topics such as discipleship, spiritual growth, prayer, and family living. Her only daughter, Sheila, died in July 1993, at age 19 following a lifelong battle against a muscle disease. Tom Kirkpatrick, her husband of 29 years, died of cancer November 1, 2000.



**Dr. and Mrs. Bruce Narramore and colleagues enjoying dinner with wife and adult children of well known house church leader who spent more than 20 years in prison for faithfully preaching the Gospel**

**D**r. Bruce and Kathy Narramore and four colleagues recently traveled to Hong Kong and mainland China for two and a half weeks of ministry and exploring potential opportunities for the Narramore Christian Foundation to serve the billion plus Chinese people living there.

After offering training for pastors and students in marriage counseling and ways of dealing with difficult people in churches in Hong Kong, they traveled on to Mainland China. There they held two seminars for pastors and beginning Christian counselors and met with a number of Christian leaders to discuss the incredible need for Christian counseling in that nation.

They learned that suicide is now the leading cause of death among university age students. Approximately 200,000 Chinese citizens take their own lives every year! And they were told that nearly everyone living at the time of the Cultural Revolution (1960's and 70's) was either a victim of abuse, or a perpetrator and that most are still struggling with the impact of that on their lives. The divorce rate is skyrocketing and the psychological and social consequences of the one child policy, started decades ago, are now becoming apparent.

These problems are so bad that the Communist government realizes that massive amounts of help are needed to cope with them. So, for the first time in the history of China, the government has begun to license counselors and psychologists. But at this stage, anyone with a college degree in anything (not necessarily psychology or counseling or anything related)

who passes a written test can become a licensed counselor. They need not have any actual training in counseling and not even one hour of supervised counseling experience! They receive their licenses first, and are then expected to learn how to counsel!

Because of this lack of training, universities in China are rapidly developing more graduate training programs in counseling and psychology. Incredibly, Dr. Narramore was asked by one Chinese leader if he would help develop a Christian counseling emphasis in a master's degree program at a large government university! This initially sounded so unusual that Dr. Narramore was suspicious and hesitant to proceed. But after carefully studying the possibility and consulting with the Chinese scholar (a Christian) who would oversee this program, a decision has been made to move ahead.

A contract has already been signed with the university and within one year the first group of students should be enrolled! Think of it. A graduate program in Christian counseling in the middle of the capital city of the largest atheistic, communistic country in the world!

NCF's leadership never dreamed that such an opportunity would come in their lifetime. We will provide you with as many details as possible as this program moves ahead, but at least initially the specifics will have to be limited due to the sensitive nature of this project.

We would greatly appreciate the prayers of NCF's friends for this amazing opportunity to make an impact for Christ throughout this huge and strategic nation. †

# Serving God's Servants



Dr. Clyde and Ruth Narramore have served missionaries and pastors around the world for more than 50 years. To honor and extend the Narramore's faithful, visionary ministry the Directors of the Narramore Christian Foundation announce the creation of the

**Narramore Endowment Fund for Pastors & Missionaries.  
You Can Help Establish This Lasting Endowment.**

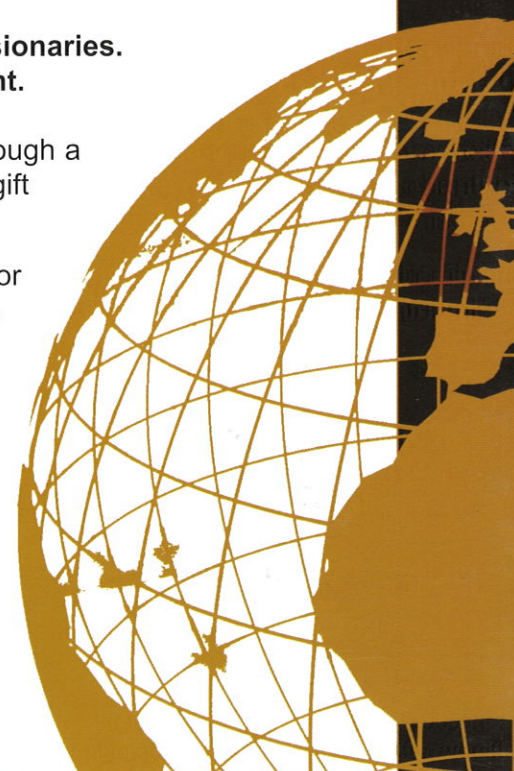
Please join us in funding this vital endowment and honoring the Narramore's through a current gift of cash, stock, or real estate or through your will, trust, or charitable gift annuity. Our initial goal for this ministry fund is \$1,000,000.

**YES**, I want to help perpetuate this ministry to God's choice families in ministry for years to come and honor Dr. and Mrs. Clyde Narramore for their faithful ministry.

Here is my one time gift of \$ \_\_\_\_\_  
 I am committing \$ \_\_\_\_\_ annually for the next three years  
 I would like to make a gift to the endowment through  
 My Will                       A Gift Annuity                       A Living Trust  
 A Gift of Stock or Property                       Other Assets

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone \_\_\_\_\_

Mail today to: Narramore Christian Foundation P.O. Box 661900, Arcadia, CA 91066-1900 or phone us at 800-477-5893 if you would like additional information on making a deferred gift.



## TRIBUTE GIFTS

**Gifts In The Honor Of:** Dr. Clyde and Ruth Narramore's 60th anniversary      **Presented by:** Bruce and Kathy Narramore

**Gifts In The Memory Of:** Miss Opal Springer      **Presented by:** Florence Henne

*Would you like us to join you in honoring your loved one? You can send a Tribute Gift or Living Memorial Gift to the ministries of the Narramore Christian Foundation.*

*Please include the following: In Honor or Memory of, Amount, Given by, Name, Address.*

*Return to Narramore Christian Foundation P.O. Box 661900 Arcadia, CA 91066-1900.*

## COMMENTS FROM NCF READERS

I am a Muslim but I am a psychology student, and I am curious about your article on "How to Be Sure You're a Real Christian." If it is possible, I want you to send me the other essays about this subject. THANK YOU.

– AD Tehran, Iran

Yours is the best site I've been to with the explanations on Histrionic Personality Disorder. Thanks.

– MM Charlotte, NC



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